

## Medical History - Confidential Information

**Patient Name:** \_\_\_\_\_

**Today's Date:** \_\_\_/\_\_\_/\_\_\_ **Patient's Date of Birth:** \_\_\_/\_\_\_/\_\_\_

### Lower Extremity Medical History

What is the chief reason for your visit?  
(Include foot, ankle, leg, knee and hip complaints)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any previous foot / ankle / leg injuries or problems?

\_\_\_\_\_  
\_\_\_\_\_

Have you been previously treated by a podiatrist?

yes  no

Name of podiatric physician: \_\_\_\_\_

Date last seen: \_\_\_/\_\_\_/\_\_\_

### General

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_

### Social History

Do you smoke?  yes  no

How Much? \_\_\_ packs / \_\_\_\_\_

Years Smoked: \_\_\_\_\_

Drink Alcohol?  yes  no

How Much: \_\_\_\_\_

Recreational Drugs?  yes  no

What type: \_\_\_\_\_

Pregnant or possibly pregnant?  yes  no

Athletic activities in which you participate:

\_\_\_\_\_  
\_\_\_\_\_

### Diabetics Only

Oral Med  Insulin Dependent (check one)

Insulin dosage: \_\_\_\_\_

Years diagnosed with Diabetes: \_\_\_\_\_

Physician treating Diabetes? \_\_\_\_\_

Date of most recent visit: \_\_\_/\_\_\_/\_\_\_

### Runners Only

How long have you been running? \_\_\_\_\_

Previous running injuries?  yes  no

Mileage: \_\_\_\_\_ miles per  wk  month

Current running shoes: \_\_\_\_\_

Currently training?  yes  no

### Medications

List all medications you are taking;  
(including any over-the-counter medications or herbal remedies:)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Surgeries, Illnesses, Injuries

List surgeries, serious injuries and illnesses not previously listed: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Family History

List any significant family medical history:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Allergies and Drug Intolerance

- |  |   |
|--|---|
| <input type="checkbox"/> None / Unknown    | <input type="checkbox"/> Aspirin            |
| <input type="checkbox"/> Penicillin        | <input type="checkbox"/> Codeine            |
| <input type="checkbox"/> Sulfa             | <input type="checkbox"/> Demerol            |
| <input type="checkbox"/> Local Anesthetics | <input type="checkbox"/> Iodine / Shellfish |
| <input type="checkbox"/> Adhesive / Tape   | <input type="checkbox"/> _____              |

### Mental / Emotional

- |                              |                             |                 |
|------------------------------|-----------------------------|-----------------|
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Eating Disorder |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Anxiety         |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Depression      |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Psychiatric     |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Alcoholism      |

### General Medical History

Mark "yes" or "no" to indicate if you have any of the following:

- |                              |                             |  |
|------------------------------|-----------------------------|--|
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Anemia   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Arthritis:<br>Type: _____                            |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Artificial Heart Valve<br>or Joints                  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Asthma   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Back Problems  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Bleeding disorder<br>On Coumadin<br>(Anti-coagulant) |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Cancer   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Chemical Dependency                                  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Chest Pain   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Circulatory Problems                                 |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Diabetes   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Epilepsy   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Fibromyalgia   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Gout   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Heart Disease  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Hemophilia   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Hepatitis  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | High Blood Pressure                                  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | HIV Positive   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Kidney Problems                                      |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Leg Cramps   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Liver Disease  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Lung/Respiratory                                     |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Mental Illness                                       |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Phlebitis / Clots                                    |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Psoriasis  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | RSD  |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Stroke   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Thyroid Problems                                     |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Tuberculosis   |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Ulcers—Stomach                                       |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Venereal Disease                                     |
| <input type="checkbox"/> yes | <input type="checkbox"/> no | Weight Change<br>Recent _____ lbs                    |

Other: \_\_\_\_\_